



SF₁ Nutritional Elixir

Ingredients: 150g

Barleygrass, Camu Camu,
Wheatgrass, Spirulina,
Cacao, Chlorella, Astaxanthin.
Fortified with Vitamin B₃, B₆ & D₃.

Nutrition Facts Per 100g of SF₁

(Serving size 5 - 10g)

Energy: 1,367kj / 298kcal - 16% of RI

Fat:

LOW

3g

4%

Sat Fat:

MEDIUM

2g

8%

Sugar:

ZERO

0g

0%

Fibre:

24.3g

97%

Protein:

26.5g

64%

Salt:

LOW

0.2g

7%

26.5% Protein

ALLERGEN WARNING:

Traces of cereals, nuts (including peanuts), soya,
sesame & products containing gluten.

How to use: (Store in a cool dark place)

Mix 1 - 2 tspn's of SF₁ with water or
nut milk or add to ice cream, yoghurt
or guacamole. Once mixed it will
keep in your fridge for up to 5 days.

Who will benefit:

Athletes, combat professionals &
anyone involved in physical activity
needing more nutrients & energy.

It is also perfect for infants, teenagers
& the elderly as it reduces stress,
balances your hormones and keeps
you alkaline.

Superfoods4u:

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SF₁ is a **Nutritional Elixir**

A GAME CHANGER

100g contains over 100% of the RDA for
Vitamins A, B₁, B₂, B₃, B₅, B₆, B₉, B₁₂, C,
D, E & K; plus over 100% of the RDA for
Calcium, Iron, Zinc & Copper.

SF₁ is a **Polyphenols Powerhouse.**

Super high in superoxide dismutase, beta
carotene & chlorophyl.

5g serving contains 4mg **Astaxanthin** -
proven to improve brain health, reduce
inflammation & oxidative stress.